



Office of Substance Abuse  
Department of Health and Human Services

John E. Baldacci, Governor

Brenda M. Harvey, Commissioner

## DEPARTMENT OF HEALTH AND HUMAN SERVICES OFFICE OF SUBSTANCE ABUSE

[www.maine.gov/dhhs/osa](http://www.maine.gov/dhhs/osa)

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Director: Guy Cousins

### How OSA provided services during SFY09:

#### Prevention

- To support community-based substance abuse prevention initiatives, 256 communities and 56 school districts received direct funding and technical assistance.

#### Intervention

- 5,572 operating under the influence offenders participated in the Driver Education and Evaluation Program.
- Over 1,200 prescribers in Maine had access to online patient prescription history reports from the Prescription Monitoring Program, to coordinate the care of patients with chronic controlled substance use.

#### Treatment

- 13,264 individuals were provided substance abuse treatment services in Maine. Emphasis is placed on quick access to treatment.
- Primary substance at admission:
  - Alcohol 50%
  - Pain relievers (opiates) 24%
  - Marijuana 9%
  - Heroin 8%
  - Cocaine 4%
  - Other 5%

### Our Mission

The Maine Office of Substance Abuse is responsible for the coordination of substance abuse prevention, intervention, and treatment services in Maine. Using a statewide comprehensive planning approach, OSA integrates substance abuse prevention, intervention, and treatment efforts into Maine's public health system. OSA works closely with law enforcement, schools, worksites, local governments, and other community partners to identify problems and opportunities. OSA purchases services that help people remain alcohol and drug free; obtain or regain employment; stay out of the criminal justice system; find stable housing; and enter into recovery.

### Funding

OSA receives funding from federal, state, and other sources.

#### SFY09 funding: \$30.5 million

##### Federal funding:

- 21% SAPT block grant (\$6.5M)
- 5% Safe and Drug Free Schools (\$1.4M)
- 15% Other grants (\$4.6M)

##### State funding:

- 24% General fund (\$7.3M)
- 12% MaineCare match (\$3.6M)
- 18% Fund for Healthy Maine (\$5.5M)
- 5% Driver Education and Evaluation Program (\$1.6M)

\*The Substance Abuse Prevention and Treatment (SAPT) block grant is a federal formula grant awarded each year to every state and territory, including Maine. This flexible funding stream is designed to help Maine address its own unique needs related to addiction. In addition, a minimum of 20 percent of this federal grant is, by statute, dedicated to prevention services.

**DEPARTMENT OF HEALTH AND HUMAN SERVICES**  
**OFFICE OF SUBSTANCE ABUSE**

**Accountability**

Maine's Office of Substance Abuse ensures that prevention, intervention, and treatment providers deliver effective services.

***Management information systems***

OSA requires contracted service providers to enter utilization and performance data into management information systems. This data is reviewed on a regular basis to ensure that quality service is being provided.

***Technical assistance***

OSA provides technical assistance statewide to prevention, intervention and treatment services.

***Performance contracts***

Contracts for services define clear performance expectations. Performance is reviewed and/or evaluated regularly to ensure that expectations are being met.

***Certification and evaluation***

Prime for Life is the curriculum used within the Driver Education and Evaluation Program. Prime for Life instructors and Driver Education and Evaluation Program treatment providers must be certified.

**Treatment gap**

Among Mainers aged 12 and older, an estimated 7% needed but did not receive treatment services for alcohol abuse and an estimated 3% needed but did not receive treatment for illicit drug abuse in the past year.

**Wait list data**

On any given day, over 202 Mainers were on a wait list for treatment services.

**Results**

**Prevention**

In 2009, fewer Maine high school students reported using alcohol and marijuana in the past 30 days.

*Past month use*

	<u>2007</u>	<u>2009</u>
Alcohol	39%	32%
Marijuana	22%	21%

**Intervention**

Of the operating under the influence offenders that were discharged from treatment, 73% successfully completed treatment and 99% had no further operating under the influence arrests while in treatment.

Over 38,000 patient prescription history reports were accessed by prescribers using the Prescription Monitoring Program, to coordinate the care of patients who have chronic controlled substance use.

**Treatment**

During SFY09, at discharge from treatment:

55% of clients were abstinent from use;

81% of clients were living independently;

38% of clients were employed full- or part-time;

37% of clients were involved in recovery social supports.